Be Responsible.
Be Safe.
Guidance for Phase 2 Reopening

COVID-19 is still having a major impact on our country. By working together we have made progress – but the virus is still in Ireland. As we reopen our country, it is vital that we all continue to observe the public health guidance. To stay safe, you need to limit where you go and limit the number of people you meet.

Here are five things you should know for Phase 2:

1. **Stay Local.**
   You may travel within your own county, and up to 20 km from your home if crossing county boundaries.

2. **Wash your hands**
   Practice good cough & sneeze etiquette

3. **Stay 2m away from others**
   Avoid crowds
   Know the symptoms

4. **If you are over 70 or medically vulnerable, please use your judgement to decide how best to apply the following health guidance:**
   - Stay home as much as you can.
   - Maintain social distancing with visitors.
   - Use the times specially allotted for shopping.

5. **If you are visiting someone who is over 70 or medically vulnerable, please be extra-vigilant**

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**Public Health Advice**

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**Practice good cough & sneeze etiquette**

**Stay 2m away from others**

**Avoid crowds**

**Know the symptoms**

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**Public Transport**

- **Avoid peak-time travel.**
- **Walk or Cycle if possible.**
- **International Travel**
  - All non-essential overseas travel to and from Ireland should be avoided.
  - Passengers arriving from overseas are expected to self-isolate for 14 days.
  - Passengers will also have to complete a form showing where they will self-isolate.

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**Be Safe.**

**Be Responsible.**

All reopening measures require that appropriate social distancing, hygiene and other sector-specific public health measures be in place.

Full details of Phase 2 are available now at [gov.ie/phase2](http://gov.ie/phase2)